

Fundraiser for Keith Withers

Auction & Dance
Spryfield Lions Rink
6:00 pm to 9:00 pm (Auction)
9:00 pm to 1:00 am (Dance)

Saturday, August 28, 2010
\$10.00 per ticket



Recently, Keith has been diagnosed with ALS.

ALS stands for **Amyotrophic Lateral Sclerosis**, sometimes called **Lou Gehrig's disease**. It is a rapidly progressive and fatal neuromuscular disease that is characterized by degeneration of a select group of nerve cells and pathways (motor neurons) in the brain and spinal cord. This loss of motor neurons leads to progressive paralysis of the voluntary muscles. The heart is not a voluntary muscle, and therefore, remains unaffected by the disease. However, since breathing is controlled voluntarily by the chest muscles, death usually occurs when the chest muscles are no longer able to help the lungs achieve adequate oxygenation. Generally, there is little impairment of the brain or the senses.

ALS is a costly disease and financial draining for families affected. As most of you know, Keith has been coaching hockey for many years and recently has been coaching baseball. Somehow, Keith has touched the lives of many people throughout Halifax and now it is our turn to help him.

If you are unable to attend, donations can be made at RBC
(Herring Cove Road Branch)

Tickets can be purchased by contacting any of the following people:

Kim Ritcey – 477-9558
Paul Griffiths – 240-1262

Paul Evans – 430-8393
Andrew Schnare – 477-9256
Corey Hendsbee – 877-5973